






# SEPTEMBER 2022 LUNCH MENU

Served Daily: •Garden Salad •Grilled Chicken Garden Salad •Crispy Chicken Caesar Salad •Fruit and Yogurt Parfait •Cereal

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			31, Aug <b>Early Release</b> <b>No Lunch Served</b>	1 <b>No Lunch Served</b>	2 <b>NO SCHOOL</b>	3
4 <b>SUB OF THE WEEK:</b> <b>HAM &amp; CHEESE</b>	5 <b>NO SCHOOL</b>	6 Grilled Cheese OR Grilled Ham & Cheese; Chips Fresh Fruit Dessert	7 Ziti with Meatballs <u>or</u> Plain Ziti with Butter Roll with Butter Fresh Fruit Dessert	8 Hamburger or Cheeseburger French Fries Fresh Fruit Dessert	9 Cheese or Pepperoni Pizza Side Salad Fresh Fruit Dessert	10 
11 <b>SUB OF THE WEEK:</b> <b>BLT</b>	12 Buttermilk Pancakes Bacon Fresh Fruit Dessert	13 All Beef Hot Dog French Fries Fresh Fruit Dessert	14 Cheese Ravioli Vegetable Roll with Butter Fresh Fruit Dessert	15 Meatball Sub with Sauce <u>or</u> Plain Chips Fresh Fruit Dessert	16 Cheese or Pepperoni Pizza Side Salad Fresh Fruit Dessert	17
18 <b>SUB OF THE WEEK:</b> <b>TUNA</b>	19 Belgium Waffle Bacon Fresh Fruit Dessert	20 Chicken Nuggets Mashed Potato Vegetable Fresh Fruit Dessert	21 Ziti with Meat Sauce OR Plain Ziti with Butter Vegetable Fresh Fruit Dessert	22 Bagel with all the Fixings Fresh Fruit Dessert	23 Cheesy Breadsticks Side Salad Fresh Fruit Dessert	24 
25 <b>SUB OF THE WEEK:</b> <b>TURKEY &amp; CHEESE</b>	26 French Toast Sausage Fresh Fruit Dessert	27 Chicken Patty on a Bun Chips Fresh Fruit Dessert	28 Macaroni & Cheese Vegetable Fresh Fruit Dessert	29 Hamburger or Cheeseburger with French Fries Fresh Fruit Dessert	30 French Bread Pizza Either Cheese or Pepperoni Side Salad Fresh Fruit Dessert	